



2022

HEALTH PLAN & BENEFIT CHANGES



Medical Benefits

No changes were made to your medical benefits.

| EFFECTIVE JANUARY 1, 2022 | INDIVIDUAL (SINGLE COVERAGE) | FAMILY (EMPLOYEE/SPOUSE, EMPLOYEE/CHILD OR EMPLOYEE/FAMILY COVERAGE) |
|--|---|--|
| Deductible | \$250 | \$650 |
| Out-of-Pocket Limit for PPO Facilities and all other Providers | \$1,200 | \$4,000 |
| Out-of-Pocket Limit for non-PPO facilities | \$2,400 | \$4,800 |
| Teladoc Consultations Acute care, behavioral health, and dermatology | \$5 copay per visit, not subject to the deductible (waived through January 31, 2022) | |
| Coalition Health Care (CHC) Services | \$0 copay for Preventive Services \$10 copay per visit, maximum \$25 for 3 or more family members the same day Not subject to the deductible. | |

BridgeHealth

BridgeHealth helps you find a cost-effective option for non-emergency surgery, if you are willing to travel outside Alaska to obtain services. BridgeHealth contracts with a network of providers outside the state who offer negotiated rates on surgical services such as joint replacement or other orthopedic procedures, spinal surgery, women's health, bariatric surgery and more. Choosing where to go for surgery can make a big difference in what you pay—and the results you get.

Considering surgery? Call BridgeHealth at (844) 249-8108.





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Prescription Drug Benefits

| EFFECTIVE JANUARY 1, 2022 | PRESCRIPTION DRUGS AT PARTICIPATING PHARMACIES |
|---------------------------------|--|
| NON-SPECIALTY MEDICATION | |
| Generic Drugs | Paid at 100% - Retail and Mail Order |
| Preferred Brand Name Drugs | 30% copay Retail 20% copay Mail Order |
| Non-Preferred Brand Name Drugs | 50% copay Retail or Mail Order |
| Quantity allowed | ★ Up to a 90-day supply, retail or mail |
| Out-of-Pocket Maximum | \$800 per person, \$3,000 per family |
| SPECIALTY MEDICATION | |
| Generic and Brand Name Drugs | 10% copay up to \$150 per script |
| Specialty Out-of-Pocket Maximum | ★ \$2,000 per person |
| Quantity allowed | 30-day supply |

★ Must use CVS Specialty Pharmacy. You may qualify for the Specialty Copay Card Program to reduce your costs.



Vision

| EFFECTIVE JANUARY 1, 2022 | VISION BENEFITS |
|------------------------------|---------------------|
| Frame allowance | ★ Increase to \$120 |

★ = change for 2022

